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Ariana Grande "Cannot Live Without" This Face Oil

Plus, the serum that made her list of favorite products, too.

By Isabelle Buneo, Editorial Assistant · Sep 14, 2023

Ariana Grande is the queen of a lot of things: high ponytails, perfectly executed cat eyes, whistle tones, and of course, the release of her skin-care-centered makeup brand r.e.m., all things beauty. From her glowing complexion to her sleek strands, we're always in awe of Grande's looks, and just recently the "Sweetener" singer revealed that these two products from this derm-backed skin-care brand are on her list of "cannot live without" staples.

Grande's favorite clinically-backed face oil and serum

Recently, Grande took to her Instagram story to show followers what she considers to be her "favorite products in the world," and on that list was not one, but two products from celeb-loved skin-care brand Osmosis. The first Osmosis product Grande showed off and raved that she "cannot live without," was the brand's **Nourish Avocado Facial Oil** ($59). Described by the brand as a "wonder-working, frequency-enhanced organic avocado oil," the Nourish Avocado Facial Oil uses cold-pressed oil to improve skin plumpness and elasticity all while leaving skin with a luminous glow.

The second Osmosis product Grande raved about is one that is only available via skin-care professionals: the StemFactor MD Growth Factor Serum. "Clinically proven and cutting-edge," this derm-approved **growth factor serum** is "packed with botanical extracts rich in phytonutrients," which help nourish aging **stem cells** and fibroblasts, all while replenishing the skin's essential growth factors and proteins and stimulating new skin cell growth.

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Beauty > Makeup & Skincare 2023

10 Best Growth Factor Serums That Are Better Than Botox

Like a time machine in a bottle.

BY TATJANA FREUND PUBLISHED: DEC 14, 2023 9:35 AM EST

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Whether you're looking for a product that can diminish fine lines, speed up your skin's healing process, investing in one of the best growth factor serums has been hailed as a gentle alternative to retinol. No name sounds intimidating, growth factor serums really just mimic the youthful, plumped look all of our skin has when we're young. "Growth factor serums contain ingredients that signal various mechanisms in the skin to repair cellular damage and promote the induction of collagen and elastin," says dermatologist Dr. Wolinsky. They can also be packed with peptides, hydrators, and other all-star ingredients so you can find the perfect option for your skin's needs.

TOWN&COUNTRY

Style > Beauty

The 15 Best Face Oils That Deeply Nourish and Boost Skin's Radiance

Get your glow on with these hydrating, clarifying, and rebalancing elixirs.

BY SOPHIE DWECK PUBLISHED: OCT. 26, 2023

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There once was a time when layering oil on your face was considered a big fat no-no. "Apply to your skin, and you're begging for clogged pores and an extra greasy T-zone" is something along the lines of the experts would say. These days, though, face oils have made a major resurgence in the skincare industry—and rightfully so! Packed with natural concentrates and extracts, these nourishing elixirs can help purify, hydration, calm redness and irritation, and reverse common signs of aging.

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Jennifer Lawrence had her skin prepped by celebrity esthetician Emma Goodwin with Osmosis skincare products for the Golden Globes.

CNN

Beauty / Skin Care

The 12 best skin barrier repair creams and products, according to experts

By Jennie Ourosi, CNN Underscored
Updated 3:11 PM EDT, Fri November 3, 2023

Keeping your skin hydrated during the colder months is already a common concern, but ensuring that your skin barrier is both intact and prepped for that extra hydration is something you might not have considered.

If you're wondering what a skin barrier is or why it requires your attention, you're not alone. Dr. Ben Johnson, MD, says, "Most people refer to two specific aspects of the epidermis to describe the barrier: the stratum corneum made of 15 layers of dead skin cells compacted together, and the lipid barrier that is intermingled with it." He also explains that it is constantly being maintained naturally by the skin.

But why exactly is the skin barrier so important, especially during these drier, colder months? Holistic skin scientist and skin wellness expert Dr. Jennifer Davis Alexander, PhD, says, "The skin barrier is the first line of defense against water loss from the skin, known as transepidermal water loss (TEWL)." She also notes that other environmental factors like pollution, UV rays and other harmful contaminants like microbes and irritants can further irritate your skin barrier.