

NAMA HYDRATION FUSION FACIAL

PRODUCT	MLS	KEY INGREDIENTS	BENEFITS OF KEY INGREDIENTS	COST
Cleansing Gel	5ml	Nama Extract Citric Acid Lavender	<ul style="list-style-type: none"> • Anti-inflammatory • Refining, cleansing • Anti-bacterial 	0.75
Face Scrub	4.75 g	Coconut Granules	<ul style="list-style-type: none"> • Removes dead skin cells 	1.75
Face Mask	12 g	Nama Extract Palma Rosa Lavender Evening Primrose Oil White Clay	<ul style="list-style-type: none"> • Hydrating/calming • Hydrating • Soothing/calming/anti-Inflammatory • Anti-oxidant • Healing 	5.07
Face Cream	3 g	Nama Extract Palma Rosa Lavender Calendula Evening Primrose Oil	<ul style="list-style-type: none"> • Hydrating/moisture replenishing/calming • Hydrating • Soothing/calming/anti-inflammatory • Healing/deeply moisturizing • Anti-oxidant 	1.55
Face cream rich	10 g	Nama Extract Palma Rosa Shea Butter Calendula Evening Primrose Oil Rosehip Oil	<ul style="list-style-type: none"> • Hydrating/moisture replenishing • Hydrating • Nourishing • Healing/deeply moisturizing • Anti-oxidant • Anti-oxidant 	5.39
Serum	8 ml	Nama Extract Aloe Leaf Juice	<ul style="list-style-type: none"> • Hydrating/moisture replenishing • Soothing/calming/anti-inflammatory • Healing/deeply moisturizing • Moisturizing humectant 	9.13
Eye Care		Nama Extract Palma Rosa Guava Fruit Extract	<ul style="list-style-type: none"> • Hydrating/moisture replenishing • Hydrating/soothing • Revitalizing/anti-oxidant 	optional
Cost per Facial Treatment				\$23.64

Nama Facial Infusion

1. Chair Infusion Facial

15 Minutes

Aim: Hydration boost for the skin. Outcome: Skin will be hydrated, revitalized & moisturized.

Treatment Plan (sit client in chair) optional neck & shoulder massage.	Product:	Product Usage
PREPARATION: use air travel neck cushion for head support		
Cleanse: makeup from lips and eyes with gentle cleansing milk	Cleansing Milk	2.5 ml
Thorough Cleanse: Face cleanse (double cleanse). Use water to lather. Remove with wet cotton pads. (Milky cleanser for dry alipoid sensitive skin)	Cleansing Gel	5 ml
TREATMENT:		
Infusion: Apply liberal amounts of Nama serum over face. Use the portable galvanic device on blue light to infuse Serum to the deeper dermal layers. Gentle slow upward rolling movements for 5 to 7 mins. Product absorbs through layers of the epidermis, providing the ultimate moisture boost. Optimum cellular hydration in and around the cells.	Nama Serum Device (roller head)	8ml
MOISTURIZE:		
Moisturize: Apply face cream on face to moisturize. OPTIONAL; Nama Spa range for young combination skin OR VS Nama for men	Face Cream or Face Cream Rich	3ml

2. Hydrating Premium Facial Therapy. (Also combats redness)

45 mins.

The Ultimate Organic Cellular Hydration – infuses nama serum through the Basal and Dermal layers of the skin

Aim: Hydrate & replenish moisture depleted skin, plump cells, minimize fine lines. Reduces redness & calms rosacea

Treatment Plan	Product:	Product Usage
PREPARATION:		
Cleanse: makeup from lips and eyes with gentle cleansing milk	Cleansing Milk	2.5 ml
Cleanse face (double cleanse). Use water to lather. Remove with wet cotton pads. (Milky cleanser for dry alipoid sensitive skin)	Facial Cleansing Gel	5ml
Face scrub: apply on face, neck & décolletage. Use water. Gently scrub in circular motion. Remove with warm compress. Use toner to normalize (optional). Extractions if required: optional steam/high frequency	Face Scrub	4.75g
TREATMENT:		
Infusion: Apply liberal amounts of Nama serum over face & décolletage. Use the portable galvanic device on blue light to infuse Serum to the deeper dermal layers. Gentle slow upward rolling movements for 5 to 7 mins, providing the ultimate moisture replenishment for the cells. Optimum Inter and intra cellular hydration (in & around cells).	Nama Serum on face & décolletage Device (roller head)	8ml
Massage; Apply Massage oil on trapezius, kneading followed by bamboo or knuckling for relieving tight stressed trapezius. Apply Nama Fiji face cream rich, use hands for lifting & stroking massage techniques, tapping and percussion on mandible, shiatsu pressure points on Corrugators, stretch back of neck.	Face Cream Rich	10 g
Face mask: Apply face mask on face, neck and décolletage using mask brush. Leave for 10 - 15 minutes. Remove with warm compress. Kaolin clay heals & calms the epidermis whilst nama absorbs & moisturizes the skin. Reduces redness & calms rosacea.	Face Mask	12g
MOISTURIZE		
Eye Care: Apply eye cream to hydrate the eye contour.	Eye Cream Face Cream or Face Cream Rich	1.5 ml 3ml
Moisturize: Apply face cream or face cream rich on face, neck & décolletage. OPTIONAL; Nama Spa range for young combination skin OR VS Nama for men		

3. Desincrustation for Oily Acne Skin.

45 mins.

Purification Facial Therapy - Aim: Deep cleanse, refresh, purify, hydrate and moisturize.

Treatment Plan	Product:	Product Usage
PREPARATION:		
Cleanse: makeup from lips and eyes with gentle cleansing milk	Cleansing Milk	2.5 ml
Cleanse face (double cleanse). Use water to lather. Remove with wet cotton pads.	Facial Cleansing Gel	5ml
TREATMENT:		
Apply liberal amounts of Nama Desincrustation Gel over face. Use the portable galvanic device on red light over acne and oily conditions. Small circular movements for 5 to 7 mins. Solution emulsifies sebum & softens and unclogs pores for extractions. Thorough deep cleanse and purifying treatment. Nama has antibacterial and healing properties.	Nama Desincrustation Gel Device (double ball head)	8ml
Extractions: with steam and ozone therapy. Massage optional; Apply Massage oil on trapezius, use large bamboo or knuckling for relieving tight stressed trapezius. Avoid facial massage unless optional lymphatic drainage techniques.	Massage oil or Cream	10 g
Face mask: Apply face mask on face and neck using mask brush. Leave for 10 - 15 minutes. Remove with warm compress. Kaolin clay heals & calms the epidermis whilst nama absorbs & moisturizes the skin. Antibacterial properties.	Face Mask	12g
MOISTURIZE		
Moisturize: Apply face cream or serum on face, neck and décolletage to moisturize. ONLY; use Nama Spa or VS for men as a light antibacterial hydrating range	Face Cream or Serum	3ml

Nama Body Therapies



Organic sea grapes for the ultimate body treatments –

Rich in minerals density and Vitamin A, Vitamin E, and Vitamin C, sea grapes are known as “longevity seaweed” or “longevity pearls” because of its health-boosting and alleged life-extending powers. Nama is the ultimate gift from the Sea.

Nama Body Cleanse & Buff – a gentle body cleanse and exfoliation with our Nama and ground coconut shell buff. Skin is refreshed, cleansed and revitalized.

Nama Body Wrap – hydrating, oxygenating and moisture replenishing body wrap. Leaves the skin soft and moisturized with a subtle and refreshing scent. A natural antiaging body mask for cell regeneration in the battle against ageing skin.

Nama Body Detox – a detoxifying algae wrap. Nama’s high content of minerals promote inner body cleansing for longevity and healthy living. An essential detox for fighting free radicals and body toxins.

Body Massage – a choice of blends, **Senikau** a therapeutic blend for total relaxation. Or **Bobo** a revitalizing muscular blend for sore muscles and body fatigue.

NAMA HYDRATION FUSION FACIAL

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Cleansing Gel	5ml	Nama Extract Citric Acid Lavender	<ul style="list-style-type: none"> • Anti-inflammatory • Refining, cleansing • Anti-bacterial
Face Scrub	4.75 g	Coconut Granules	<ul style="list-style-type: none"> • Removes dead skin cells • Unclog pores • Smooth texture
Face Mask	12 g	Nama Extract Palma Rosa Lavender Evening Primrose Oil White Clay	<ul style="list-style-type: none"> • Hydrating/calming • Hydrating • Soothing/calming/anti-inflammatory • Anti-oxidant • Healing
Face Cream	3 g	Nama Extract Palma Rosa Lavender Calendula Evening Primrose Oil	<ul style="list-style-type: none"> • Hydrating/moisture replenishing/calming • Hydrating • Soothing/calming/anti-inflammatory • Healing/deeply moisturizing • Anti-oxidant
Face cream rich	10 g	Nama Extract Palma Rosa Shea Butter Calendula Evening Primrose Oil Rosehip Oil	<ul style="list-style-type: none"> • Hydrating/moisture replenishing • Hydrating • Nourishing • Healing/deeply moisturizing • Anti-oxidant • Anti-oxidant
Serum	8 ml	Nama Extract Aloe Leaf Juice	<ul style="list-style-type: none"> • Hydrating/moisture replenishing • Soothing/calming/anti-inflammatory • Healing/deeply moisturizing • Moisturizing humectant
Eye Care		Nama Extract Palma Rosa Guava Fruit Extract	<ul style="list-style-type: none"> • Hydrating/moisture replenishing • Hydrating/soothing • Revitalizing/anti-oxidant
<p>The Professional range has a higher content of Nama for a more intensive hydration and plumping effect.</p>			<p>Cost per facial @ \$25 to \$30</p>

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Thorough Cleanse: Face cleanse (double cleanse). Use water to lather. Remove with wet cotton pads. (Milky cleanser for dry alipoid sensitive skin)	Cleansing Gel	5 ml
TREATMENT:		
Infusion: Apply liberal amounts of Nama serum over face. Use the portable galvanic device on blue light to infuse Serum to the deeper dermal layers. Gentle slow upward rolling movements for 5 to 7 mins. Product absorbs through layers of the epidermis, providing the ultimate moisture boost. Optimum cellular hydration in and around the cells.	Nama Serum Device (roller head)	8ml
MOISTURIZE:		
Moisturize: Apply face cream on face to moisturize.	Face Cream or Face Cream Rich	3ml

2. Hydrating Premium Facial Therapy. (Also combats redness)

45 mins.

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Face scrub: apply on face, neck & décolletage. Use water. Gently scrub in circular motion. Remove with warm compress. Use toner to normalize (optional). Extractions if required: optional steam/high frequency	Face Scrub	4.75g
TREATMENT:		
Infusion: Apply liberal amounts of Nama serum over face & décolletage. Use the portable galvanic device on blue light to infuse Serum to the deeper dermal layers. Gentle slow upward rolling movements for 5 to 7 mins, providing the ultimate moisture replenishment for the cells. Optimum Inter and intra cellular hydration (in & around cells).	Nama Serum on face & décolletage Device (roller head)	8ml
Massage; Apply Massage oil on trapezius, kneading followed by bamboo or knuckling for relieving tight stressed trapezius. Apply Nama Fiji face cream rich, use hands for lifting & stroking massage techniques, tapping and percussion on mandible, shiatsu pressure points on Corrugators, stretch back of neck.	Face Cream Rich	10 g
Face mask: Apply face mask on face, neck and décolletage using mask brush. Leave for 10 - 15 minutes. Remove with warm compress. Kaolin clay heals & calms the epidermis whilst nama absorbs & moisturizes the skin. Reduces redness & calms rosacea.	Face Mask	12g
MOISTURIZE		
Eye Care: Apply eye cream to hydrate the eye contour.	Eye Cream Face Cream or Face Cream Rich	1.5 ml 3ml
Moisturize: Apply face cream or face cream rich on face, neck & décolletage.		

Nama Body Therapies



Organic sea grapes for the ultimate body treatments –

Rich in minerals density and Vitamin A, Vitamin E, and Vitamin C, sea grapes are known as “longevity seaweed” or “longevity pearls” because of its health-boosting and alleged life-extending powers. Nama is the ultimate gift from the Sea.

Nama Body Cleanse & Buff – a gentle body cleanse and exfoliation with our Nama and ground coconut shell buff. Skin is refreshed, cleansed and revitalized. Use water or wet hands for easy glide. Cleanse or shower and apply Nama Body Lotion.

Nama Body Wrap – hydrating, oxygenating and moisture replenishing body wrap. Leaves the skin soft and moisturized with a subtle and refreshing scent. A natural antiaging body mask for cell regeneration in the battle against ageing skin. Apply with hands or brush and wrap the body in bandage, veil or plastic sheet.

Nama Body Detox – a detoxifying algae wrap. Nama’s high content of minerals promote inner body cleansing for longevity and healthy living. An essential detox for fighting free radicals and body toxins. Mix muscular oil to seaweed powder to make a paste. Apply with hands or brush and wrap client in foil or veil sheet and thermo blanket. Cleanse, or shower and apply Nama Body Lotion.

Body Massage – a choice of blends, **Senikau** a therapeutic blend for total relaxation. Or **Bobo** a revitalizing muscular blend for sore muscles and body fatigue.

PRODUCT	MLS	KEY INGREDIENTS	BENEFITS OF KEY INGREDIENTS
Body Scrub	15g – 20g	Coconut Granules	<ul style="list-style-type: none"> • Removes dead cells • Smooth skins texture • Unclog pores
Body Wrap	25 to 30g	Nama Extract Shea Butter Macadamia Oil	<ul style="list-style-type: none"> • Nourish • Replenish • Hydrate
Detox Wrap	25 to 30 g seaweed powder 5 g Muscular oil	Nama Seaweed Powder Peppermint Eucalyptus Geranium Rosemary Lemon Cedarwood	<ul style="list-style-type: none"> • Detoxifying • Cleansing
Body Lotion	10 - 15 g	Nama Extract Sweet Almond Oil Lavender Calendula Frangipani oil	<ul style="list-style-type: none"> • Hydrating • Moisturizing