



**Make & Mary**



*calm power*  
PRESENCE & CURIOSITY  
—inspired by plants.  
Nourishing earthy luxury.

# Artists of Whole Plant Wellness...

Artistic expression has guided us— from the experiences we create to the products we make.

We believe artistic expression and presence are ignited through the practice of self and community care. Since 2016 we have hosted workshops, events and experiences to support this effort.

We are passionate about creating luxury botanicals for body, bath & soul. Our herbalist formulated offerings inspire to raise vibrations, reduce inflammation and moisturize sensitive & aging skin.





**Yvonne with her daughter Carlee who can often be found at Make & Mary®, running much of the operations.**



# We're many things. Latinas. Herbalists. Artists.

Our work is rooted in the belief that healing can be sensual, holistic, and *feel good*.

## *our story...*

As an intergenerational brand, we're passionate about sustainability and preserving the quality of life for ourselves and future generations.

Our formulas are always all-natural, potent, cruelty-free, vegan, and low-waste. We use plants inspired by our mixed Mexican and Scottish heritage, passed down generationally. Our formulas have been perfected for over 20 years by our herbalist and CEO, Yvonne Perez Emerson.

“As the founder, I formulated our products to address aging and sensitive skin and we are on a mission to support women entering peri-menopause and beyond.”

Find out more about our founder, Yvonne Perez Emerson on our site at <https://makeandmary.com/make-and-mary-story/>



Herbalist Founded  
& Formulated



Oregon Grown  
& 100% Natural



Full Spectrum  
Botanicals



Latina Women  
& Queer Owned



Community  
Minded



Certified  
Cruelty-Free

# testimonials

“This is the only candle we sell in our store, and there’s a reason why!”- Jeanie- Beauty Heroes

“You know that feeling when you get good news? Smelling this gives me that same feeling.”-Sam

“This is the ONLY moisturizing product I’ve used on my face for the past year. I have very dry skin and the Full Spectrum Serum nourishes and soothes it like no other product I’ve tried. And the scent is THE BEST. I have to carefully watch that I don’t run out before I’ve purchased the next bottle—it’s a legit worry for me! I just turned 50, rarely ever wear make-up, and have had so many recent compliments and questions about my skin care routine. I can’t recommend this oil enough.” -Kelly!”

“Our clientes love the Face & Body Serum in the treatment room. The scent is so grounding and the oils absorb so nicely. We love the texture too!” - Rachel- Breath Salon

“This is my third time buying the Natural Wonder Wand. I love it so much and can’t say enough about it. I am in my 50’s and it’s been great under the eyes. I share it with all of my friends too.” - Natalie

“The Calm Inhaler has been such a great addition to help sooth my anxiety. It’s scent instantly brings me peace.”- Davida

“I put some of my Free Spirit Wand on today, so I can look good from my living room while I work from home.. hahaha!!”- Anne

“I have used several CBD oils, but I keep coming back to Make & Mary because of the high quality and the lovely fragrances. You have really mastered covering the not so pleasant scent of the CBD oil with your wonderful combinations of fragrant oils.”- Jessica



POPSUGAR.

Forbes

CONDÉ NAST

Broccoli

WELL + GOOD

Parade

mitú

THE HER(B) LIFE Los Angeles Times

lonely planet

Civilized.

BeautyIndependent®

BOLDLATINA

the mujerista

Saks Fifth Avenue



## *Welcome to the Experience*

- CBD Skin-care & Wellness Botanicals
- Aromatherapy for Body & Home
- Creative Self-care Workshops & Events
- Self-care Retreats
- Brick & Mortar

In June of 2020 we had the opportunity to move our maker space to a new location with retail. Now within our flagship store we work directly with our customers. This insight helps us understand their beauty wellness needs one-on-one. We are also able to connect with them on a deeper level through on-site workshops and events, as well as wellness off-site retreats that we curate and host.



Some of the events we've had include:  
Gua Sha & Face Cupping,  
Make Your Own Aromatherapy Inhaler,  
Intuitive Energy Reading, Soundbath, Natural Dyeing,  
Weaving, Broom Making, Herbal Bath & Body Making

Far left: A botanical dyeing class  
Left: An intimate soundbath experience



*Skin-care Offerings*

MSRP \$60



## ***CBD Face & Body Serum***

*The Face & Body Serum provides deep hydration with a luxuriously light finish.*

**TOP SELLER!** Support cell regeneration at the deepest level. Brighten, soften, and deeply nourish your skin with our botanical and cannabinoid-rich cbd serum. This unrefined blend of herbal oils is our best seller, and it's abundant in vitamin C, omega-3, and omega-6. Deep hydration with a luxuriously light finish.

**RITUAL:** Recommended for all skin types. Apply on its own, morning and night, or after your moisturizer for an extra added glow.

**TRY SOMETHING:** Add a few drops of the Face & Body Serum to the Herbal Remedy Face Mask for an extra burst of soothing therapy.

**INGREDIENTS:** \* *Rosa Canina* (Rosehip Seed Oil), \**Simmondsia chinensis*, (Joboba Oil) \**Cannabis Sativa* (Hemp Seed Oil), 100MG Full Spectrum CBD (Sun-grown in Oregon), \* *Pelargonium graveolens* (Rose Geranium) Essential Oil, \**Daucus carota* (Carrot Seed) Essential Oil, \* *Salvia sclarea* (Clary Sage) Essential Oil, \**Boswellia carterii* (Frankincense) Essential Oil, \**Lavandula angustifolia* (Lavender) Essential Oil.

\*Organic



MSRP \$40

## *Herbal Remedy Matcha Mask*

*The Herbal Remedy Matcha Face Mask is a soothing green botanical—plant-based powerhouse.*

**NEW!** This gentle powder-based formula transforms into a nourishing, nutrient-rich paste that can be used on all skin types for a fresh, youthful glow. Our vibrant matcha face mask is Infused with yarrow and calendula flowers to revitalize and soothe irritated skin. We add natural clays to draw out impurities and coconut milk for an extra boost of hydration.

**RITUAL:** Mix one teaspoon of matcha face mask powder with water, yogurt, apple cider vinegar, or a hydrosol to form a thin paste. Gently exfoliate, then rinse. Feel the transformation.

**TRY SOMETHING:** For a spa treatment, combine the mask with our Face & Body Serum and a hydrosol.

*INGREDIENTS: French Green Clay, Kaolin Clay, \*Coconut Milk, \*Matcha Green Tea, \*Yarrow (Achillea millefolium), \*Calendula (Calendula officinalis)*

*\*Organic*



MSRP \$28



## ***CBD Moisturizing Wands***

*Our CBD Moisturizing Wands are radiant botanical balms that nourish and shine.*

**Four moisturizing wands with the same hydrating base:**

**Natural Wonder~** Radiant natural balm. An under-eye pep talk. Revitalize, lift, and brighten your eyes—and quite possibly your perspective.

**Earth Sister~** Bronzing sun-kissed balm. Use this bronzy makeup balm for your lips, cheeks, and eyelids. The sun-kissed color glows on every skin tone. Build with layers to get a richer coppery hue.

**Free Spirit~** Sparkly golden balm. Shimmery gold makeup balm for anywhere on your body. The rich golden color gives a radiant glow to every skin tone. Soften, sparkle, and shine.

**NEW! Moon Beam ~** Shimmery silver balm. Moon-drenched in a mineral-based color. Use this shimmery silver makeup balm anywhere on your body. The cooling silver glow gives a mystical, playful look that looks good on every skin tone.

## ***CBD Moisturizing Wands***

Each makeup balm is infused with powerful antioxidant-rich botanicals—like calendula and full-spectrum extract—and blended into a nutrient-dense base of shea and coconut butter to shine & restore.

**RITUAL:** Apply to lips, cheeks, eyelids, tattoos, and tatas. Build with layers to get a glistening, hydrating glow.

**TRY SOMETHING:** Pair with our Face & Body CBD Serum to amplify the nourishment.

*INGREDIENTS: 50MG Full Spectrum CBD Sun-grown in OR. \*Calendula officinalis L. (Calendula oil) \*Cannabis sativa (Hemp seed oil) \*Cocos Nucifera (Coconut oil) \*Vitellaria paradoxa (Shea butter) Mixed Tocopherols (Vitamin E oil) \*Boswellia carteri (Frankincense) Essential oil \*Lavandula angustifolia (Lavender) Essential oil Euphorbia Cerifera (Candelilla wax), Calcium Sodium Borosilicate Titanium Dioxide (77891) Tin Oxide (778161). 100mg Full Spectrum Hemp Extract*

\* Organic





*Wellness Offerings*  
*Bath & Body*

## Soulshine CBD Bath Bomb

*The Soulshine CBD Bath Bomb gives you a soulful soak that helps to release & let go.*

Press reset with this refreshing blend of potent herbs and earthy nourishment. Made with our signature Soulshine scent, this is the perfect combination of uplifting and grounding energies. Infused with purifying palo santo and invigorating tulsi alongside 100mg of full-spectrum extract.

Each bar contains a mineral-rich blend of pink, Epsom, Dead Sea salt, and rose kaolin clay. Drop your CBD bath bomb into a warm bath to shake off the day and transition into a new, calmer state of being.

**RITUAL:** For a good night in, use one CBD bath bomb per soak. You can also use half a bar or less for an evening foot soak.

*INGREDIENTS: 100MG Full Spectrum CBD (Sun-grown in Oregon), Sodium Bicarbonate, Citric Acid, Epsom Salt, Himalayan Sea Salt, Dead Sea Salt, Pink Kaylan Clay, Cream of Tartar, \*MCT Coconut Oil, Palo Santos Essential Oil, Bergamot Essential Oil, \*Cedarwood Essential Oil, Tulsi Essential Oil, \*Cardamon C02, Black Pepper Essential Oil, Dark Patchouli Essential Oil, Ylang Ylang Essential Oil.*

*\*Organic*



MSRP \$20

## ***Love Note CBD Bath Bomb***

*The Love Note CBD Bath Bomb is a sensuous soak full of heart-centered energy.*

Soften and embrace sensuality with this luscious blend of energetically heart-centered botanicals. A juicy blend grounded in sandalwood and amber, with floral notes of jasmine, ylang-ylang, and rose. Infused with 100mg of full-spectrum extract and a mineral-rich blend of pink, Epsom, Dead Sea salt, and white kaolin clay.

**RITUAL:** Enjoy our Love Note CBD Bath Bomb solo or share for added connection.

**TRY SOMETHING:** Use the inner paper liner to write a love note to yourself, then place it into a safe container and light it on fire to set your desires into the world.

*INGREDIENTS: Sodium Bicarbonate, Non-GMO Citric Acid, Epsom Salt, Pink Himalayan Sea Salt, Dead Sea Salt, Rose Kaolin Clay, \*Coconut Oil (Cocos nucifera L.), Cannabinoid Extract, Cream of Tartar, Jasminum sambac L.\* (Jasmine Sambac 10%), Santalum paniculatum\* (Sandalwood 10%), Oleum succini (Amber Oil Fossilized 5%), Salvia sclarea L.\* (Clary Sage), Cymbopogon martinii\* (Palmarosa) Citrus aurantium var. bergamia (Bergamot), Piper nigrum L. (Black Pepper), Cananga odorata var. genuina (Ylang Ylang). \*Organic*

*\*Organic*



Our bath bomb packaging is a simple food grade white & black paper wrap and label. 100% Compostable. No Box.



MSRP \$42

## ***CBD Rosemary Lavender Roll-on***

*The Rosemary Lavender Roll-on is an herbal pick-me-up when you or your body is under stress.*

**TOP SELLER!** Made with 150mg of full-spectrum extract, you can roll on directly to target areas. Infused with rosemary and lavender, this CBD oil is perfect for muscle and joint tension, migraines or when you're simply feeling overwhelmed. Roll it on, feel and breathe in the benefits.

**RITUAL:** Roll onto temples, wrists, over sore muscles, or on your chest at night for calming breathes. Use as a hair oil to soothe and nourish the scalp.

**TRY SOMETHING:** Rosemary opens the third-eye while Lavender balances the flow. Pour a cup of our Empress Tea, anoint yourself and prepare for deep relaxation.

**INGREDIENTS:** 150MG Full Spectrum CBD (Sun-grown in Oregon), Cannabis Sativa (Hemp Seed Oil), Vitis Vinifera (Grapeseed Oil), Mixed Tocopherols (Vitamin E Oil), \*Rosmarinus officinalis (Rosemary) Essential Oil, \*Lavandula angustifolia (Lavender) Essential Oil

\*Organic.

MSRP \$72

## Inner Beauty Clean Skin Tincture

*Love your skin from the inside out with our Inner Beauty Clear Skin Tincture.*

**NEW!** Soothe the skin, encourage healthy collagen production, and support your body's natural systems of elimination with our clear skin tincture. This nourishing, glow-inducing formula is made with the moon's cycles—starting with the new moon and bottled after two months of extraction. Daily radiance, the herbalist way.

- **Red Clover** balances the body's heat, and stimulates the skin's natural collagen production, increasing thickness, and improving moisture levels.
- **Burdock Root** is used to strengthen the liver. Its high antioxidant profile aids in detoxifying the blood and improving circulation.
- **Calendula** is used for moving congestion out of the body. It's anti-inflammatory actions also support the digestive tract.
- **Dandelion Leaf** aids in kidney function as a micro-flora for the gut, stimulating the digestive system and removing toxins.
- **Sweet Cinnamon Chips** stimulate the circulatory system and the digestive system.
- **Full Spectrum Extract**, supports your Endocannabinoid System and is an adaptogenic herb that balances the body, reduces inflammation, and relaxes the mood.

**INGREDIENTS:** \*MCT oil (coconut), \*full spectrum hemp extract, \*Trifolium pratense (Red Clover), \*Arctium lappa (Burdock Root), \*Calendula officinalis (Calendula), \*Taraxacum (Dandelion), \*Cinnamomum verum (Sweet Cinnamon Chips), \*Helianthus annuus (Sunflower oil) and natural flavors.

\*Certified Organic  
\*CONTAINS COCONUT



MSRP \$72



## The Empress CBD Tea

*The Empress Tea balances energy, embodying strength and stability.*

**TOP SELLER!** The Empress Hemp Tea is an organic herbal blend that reminds you to love yourself and nurture the beauty within. Mellow, dreamy, and comforting, this robust herbal tea of organic botanicals is made to soothe your nerves and reproductive system at any time of your cycle—including (and especially) during moon time or peri-menopause.\*

Each bag contains 500mg of CBD grown from organic hemp. There are 10 servings per bag with approximately 50mg per serving. It can be served hot, cold or even smoked.

- **Red Raspberry Leaf** ~ A uterine tonic that helps to nourish, tone, and tighten tissue.\*
- **Chamomile** ~ A nourishing nervine and mild bitter that's great for soothing stress and easing digestive discomfort.\*
- **Lavender** ~ An aromatic oil-rich flower used to promote peace and relaxation.
- **Rose** ~ An aromatic flower used to nurture the heart and create a feeling of inner peace. \*
- **Hops** ~ A calming herb used for soothing cramps and regulating hormones.
- **Peppermint** ~ A minty, refreshing herb to calm the digestive system and open the breath.\*
- **Hemp** ~ A nourishing, calming herb that supports our Endocannabinoid system, promoting a healthy response to stress and whole body function.\*

We often talk about being highly inspired, and it's not just about infused creativity. It's about being inspired to live the life you want and need. It's about being abundant in your heart and soul. It's about love, laughter and freedom. It is creative, wild, humble, sexy, kind, magical and beautiful.

*Highly Inspired*

*Aromatherapy Offerings*



MSRP \$60

## *Soulshine Cannabis Candle*

*Each Soulshine Cannabis Candle essence was chosen to evoke a senses of calm.*

Raise your vibration with earthy luxury. This uplifting and clearing essential oil candle is free from artificial fragrances. A unique blend of palo santo, tulsi, cedarwood, and bergamot to light up relaxation. Press reset; invoke the spirit of wonder and ease into calm.

*Each aromatic oil has their own unique offerings:*

- \* Cannabis to calm.
- \* Palo santo to clear.
- \* Holy basil to purify.
- \* Cedarwood to ground.
- \* Ylang-ylang to uplift.
- \* Bergamot to ease.
- \* Black pepper to circulate.
- \* Cardamom to invigorate.
- \* Patchouli to embody.

*Candle comes hand wrapped in tissue and a beautiful box. 40 hour burn time.*

**RITUAL:** Light at your altar or in your sacred place, and let the natural scents help to reset and restore your inner being.

**UP-CYCLE & RE-USE:** The beautiful cut glass vessel has been crafted with an air-tight lid, perfect for storing your small treasures or using it as a stash jar for your favorite flower.

**TRY SOMETHING:** Pair it with our Soulshine Bath Bomb, for an ultimate night of soulshining!

MSRP \$14

## *Soulshine Aromatherapy Roll-on*

*Vibrate higher all day long.*

**NEW!** Anoint yourself with earthy bliss. Our Soulshine Aromatherapy Roll-on is a unique blend of palo santo, tulsi, cedarwood, cannabis, ylang ylang and other essential oils offer clearing and calming aromatherapy benefits. Roll it on as a natural perfume and enjoy the soulful scent all day long.

**Each aromatic oil has their own unique offerings:**

- \* Cannabis to calm.
- \* Palo santo to clear.
- \* Holy basil to purify.
- \* Cedarwood to ground.
- \* Ylang-ylang to uplift.
- \* Bergamot to ease.
- \* Black pepper to circulate.
- \* Cardamom to invigorate.
- \* Patchouli to embody.

*Does not come in a box.*

**RITUAL:** Roll onto wrists and dab behind your ears.

**TRY SOMETHING:** Pair up with our Soulshine Bath Bomb and Soulshine Ritual Candle for a trio of Soulshine bliss!

**INGREDIENTS:** \*\* MCT Coconut Oil, Palo Santos Essential Oil, Bergamot Essential Oil, \* Cedarwood Essential Oil, Tulsi Essential Oil, \*Cardamon C02, Black Pepper Essential Oil, Dark Patchouli Essential Oil, Ylang Ylang Essential Oil.

\*Organic



## Aromatherapy Inhalers

*Personal diffusers to find balance when you need a moment to reset.*

Our soothing Aromatherapy Inhalers feature all-natural scents—easy to take with you while on the mat or on the go.

**CALM:** A mix of earthy, floral, and grounding aromas to help you reset and restore.

**CLARITY:** A balanced yet invigorating blend made for added focus throughout your busy day.

**Get more centered—and more you—with each conscious breath.**

**RITUAL:** Place the essential oil inhaler below your nose, inhale, exhale, and repeat. Use as needed throughout the day to restore a sense of calm.

**TRY SOMETHING:** Take this on the plane with you before your next travel adventure. Put it on your work desk for those times when you just need a moment.

**UP-CYCLE & RE-USE:** Each essential oil inhaler comes in a beautiful copper-colored refillable container. Our blends last six months or more.

*INGREDIENTS Cannabis sativa Essential oil (Hemp), \*Himalayan Pink Sea Salt, \*Cedrus deodara (Cedarwood) Essential oil, \*Boswellia carteri (Frankincense) Essential oil, \*Lavandula angustifolia (Lavender) Essential oil, \*Citrus sinensis (Orange) Essential oil*

*\*Organic*

*Our inhalers contain no THC or CBD, just terpenes.*



A woman in a white dress and dark shawl stands on the left, addressing a group of people seated at long wooden tables. The room is decorated with string lights, hanging flowers, and potted plants. The background features a wooden wall and a framed picture.

## *Support & Activations*

Invite Make & Mary into your shop for a tailored workshop that your customers will love. Contact us to schedule a collaboration.

*Scenes from a Face Cupping & Gua Sha Workshop using our oils and balms.*

## ***Wholesale Pricelist***

PRODUCT	MSRP	QTY	UNIT	TL. COST
CBD Face and Body Serum <b>100mg</b>	\$60.00	6	\$30.00	\$180
Herbal Remedy Face Mask	\$40.00	6	\$20.00	\$120
CBD Moisturizing Wand <b>50mg</b> Earth Sister	\$28.00	6	\$14.00	\$84
CBD Moisturizing Wand <b>50mg</b> Free Spirit	\$28.00	6	\$14.00	\$84
CBD Moisturizing Wand <b>50mg</b> Moonbeam	\$28.00	6	\$14.00	\$84
CBD Moisturizing Wand <b>50mg</b> Natural Wonder	\$28.00	6	\$14.00	\$84
Soulshine Bath Bomb <b>100mg</b>	\$20.00	6	\$10.00	\$60
Love Note Bath Bomb <b>100mg</b>	\$20.00	6	\$10.00	\$60
CBD Rosemary Lavender Roll-On <b>150mg</b>	\$42.00	6	\$21.00	\$126
Inner Beauty CBD Tincture <b>750mg</b>	\$72.00	6	\$36.00	\$216
The Empress Hemp Tea <b>500MG</b>	\$32.00	6	\$16.00	\$96
Soulshine Ritual Cannabis Candle	\$60.00	6	\$30.00	\$180
Soulshine Aromatherapy Roll-on	\$28.00	6	\$14.00	\$84
Calm Aromatherapy Inhaler	\$24.00	6	\$12.00	\$72
Clarity Aromatherapy Inhaler	\$24.00	6	\$12.00	\$72

***Minimum opening order: \$300***  
***Re-order: \$150***

**\* Free tester with orders over \$800**

**\* Testers available at half off of the WSP for less than full orders**



# Make & Mary

*For wholesale inquiries,  
please email us at: [orders@makeandmary.com](mailto:orders@makeandmary.com)*

[www.makeandmary.com](http://www.makeandmary.com) | [@themakeandmary](https://www.instagram.com/themakeandmary)